

1. True or false? If you break a bone in your arm, the doctor will take an x-ray and have you keep the arm from moving until it heals.

2. True or false? There are no joints in your backbone.

3. True or false? Another name for your backbone is your spine.

4. True or false? The joints in your skull are not important.

5. True or false? Muscles are attached to your bones and they make your bones move.

6. True or false? Your skeleton started growing after you were born.

7. True or false? Cartilage is soft and rubbery. There is cartilage in your ears and nose.

8. True or false? Bones never stop growing.

9. True or false? A baby's bones are softer than an adult's bones.

10. True or false? The bones in your body help you to think.

11. True or false? There are spaces inside the bones filled with bone marrow. This is where blood cells are made.

12. True or false? Most boys stop growing before girls.

13. True or false? There are more than 1,000 bones in your body.

14. True or false? The skull is a group of bones that protect the brain.

15. True or false? The bones that curve around your chest to protect your heart and lungs are called your ankles.

16. True or false? A joint is the place where bones bend and are connected.

17. True or false? Ligaments are like rubber bands. They hold bones together and are stretchy.

18. True or false? Your teeth and nose are joints.

19. True or false? If you didn't have joints in your fingers, you couldn't catch a baseball.

20. True or false? Your ankles, elbows, and wrists are joints

21. True or false? Some foods help your bones grow stronger.

22. True or false? All of your bones together are called your joints.

23. True or false? If you didn't have a skeleton, you couldn't stand up, walk or play sports.

24. True or false? Construction workers wear hard hats because it keeps their heads warm.